

Class Schedule 2012

Prepared Childbirth

Tuesdays and Thursdays, 6:30—8:30 pm. Classes held in Skaggs Education Center, Suite 406 of Skaggs Outpatient Center. Cost of the class is \$40.

March 6, 8, 13, 20, 22	June 5, 7, 12, 14, 19	September 6, 8, 13, 15	December 1, 9 am—1:30 pm. Condensed course. Cost \$35. Includes a light breakfast and lunch for two.
April 5, 10, 12, 17, 19	July 3, 5, 10, 12, 17	October 2, 4, 11, 16, 18	
May 1, 3, 8, 15, 17	August 7, 9, 14, 16, 21	November 6, 13, 15, 20, 25	

Healthy Pregnancy

First Tuesday of each month, 2—3 pm. Free.

March 6 Cedar Room	June 5 Outpatient Center, Suite 406	August 7 Redbud Room	November 6 Outpatient Center, Suite 406
April 3 Oak Room	July 3 Outpatient Center, Suite 406	September 4 Cedar Room	December 4 Outpatient Center, Suite 406
May 1 Cedar Room		October 2 Redbud Room	

Infant Safety and CPR

Classes are held the first Monday of the month, 3:30—4:30 pm in the OB waiting room. Free.

March 5	July 2	November 5
April 2	August 6	December 3
May 7	September 3	
June 4	October 1	

Breastfeeding

6:30—8 p.m. Skaggs Outpatient Center, Suite 406.

March 27	July 24	November 29
April 24	August 28	December class available upon request
May 22	September 25	
June 26	October 23	

C-section Preparedness—Monday afternoons, upon request.

OB Department Tours—Sunday afternoons, 2—4 p.m.

Call to register for any of the above classes or tours, (417) 335-7300

